



WINTER SEMINAR
EDUCATION SESSION DESCRIPTIONS

Thursday, February 6th, 2020

9:00 - 10:00AM

Dealing with Difficult People

Martha Bryan, Owner, Presenter and Consultant, Bryan & Bryan Associates

What do people with personal problems do when they go to work? They gather up their troubles, bring them to work, and take their frustrations out on others all day. They'll find your most vulnerable area and zing you over and over again – if you let them. This program is about successfully dealing with the most difficult people—those individuals who make communicating difficult and work miserable for those around them. You will learn how to respond appropriately to negative situations and people.

10:15 - 11:15AM

BREAKOUT SESSION 1: Coaching and Mentoring

Martha Bryan, Owner, Presenter and Consultant, Bryan & Bryan Associates

Good coaching and mentoring skills let you 1) empower your people without setting them adrift, 2) keep them on track without riding hard, and 3) push them to be their best without pushing too hard. This program gives managers/supervisors the necessary tools to facilitate work processes by mentoring and coaching their employees. It will also provide the skills and tools to resolve performance problems and develop employees to their full potential.

BREAKOUT SESSION 2: Leveraging Community Partnerships for Improved Health & Nutrition (Panel)

Theresa Mince, MA, CHES, Lake County NEP Community Wellness Coordinator / Holly Catron, MBA, Boone County NEP Community Wellness Coordinator / Kristen Fitzgerald, RDN, Madison County NEP Community Wellness Coordinator

A panel discussion featuring three Purdue Extension Nutrition Education Program Community Wellness Coordinators, each working in different settings across the state. Panelists will review their current work with schools, including food rescue, farm to school, school food pantries, school gardens, school meals, salad bars, wellness policies, etc., as well as cover other ways in which NEP and other community partners can assist school nutrition teams in improving the health of their schools. The panel will cover challenges unique to urban and rural settings, ways to engage with outside partners, and how our work can be tailored to meet the needs and goals of each school.

11:25AM - 12:15PM

IDEA SHARING SESSION 1: Facilitated Discussion on Coaching and Mentoring led by *Martha Bryan*

IDEA SHARING SESSION 2: Facilitated Discussion on How to Develop Community Partnerships led by *Vickie Coffey* of Richland Bean Blossom CSC and *Christine Claraham, MS, SNS, RDN* of the School City of Hammond

1:00 - 2:00PM

BREAKOUT SESSION 1: Add Time to Your Day...Go Digital

Jennifer Borrer, Assistant Director, Food Service & Nutrition, Bluffton Harrison MSD

In this session learn about digitizing your Daily Production Records and In-house Inventory. Production Records and Inventory Sheets are put into simple and time-saving Google Sheets format to complete and share with a click of your mouse. Formats and needs can be made to your building level specifications (i.e. Head Start, and formulas for calculating your daily totals are already accessible when the sheet is received). Inventory sheets total columns as you adjust your inventory in real time. You can also have one click access to CN labels, allergy information, and other quick references specific to your building level needs. Share these documents with your director or managers so everyone is in real time and up to date.

BREAKOUT SESSION 2: Breakfast! More than Cereal and Milk

Michelle Plummer, MS, RLD, CLD, Foodservice and Retail Manager, American Dairy Assoc. IN, Inc.

Tarah Westercamp, MS, RD, SNS, Indiana School Breakfast Manager, No Kid Hungry

Chris Polo, Senior Executive Chef, Chartwells K-12

What is exciting, new, and fun to get students excited to begin their day with YOU?!

Attendees will be presented with information on breakfast winning combinations—coffee kiosks, BIC, and Grab-and-Go using an interactive presentation style with a panel discussion from a Foodservice Director, a Chef, and Non-for-Profit supporters. Learn how easy breakfast goes from the cafeteria to all areas to reach students to develop a meal program to improve all aspects of learning, nutrition, and overall health.

2:15 – 3:15PM

BREAKOUT SESSION 1: The Formula for School Meal Success

Jill Overton, SNS, Food Service Director, Franklin Community Schools

Kathleen Prechtel, RDN, School Nutrition Director, St. Rose of Lima and St. Lawrence Schools

Discover how using professional culinary skills plus innovative recipe ideas along with proactive marketing strategies equals school meal success. With these ingredients at your fingertips, you are sure to engage students and increase participation.

BREAKOUT SESSION 2: Have Fun with Social Media #socialmediaisfun

Cindy Husar-Marschke, Regional Sales Director, Yangs 5th Taste

In this session you will learn how to make social media work for you. With a few easy steps you will be a pro when it comes to using social media to promote your district/company. You will see how using Social Media is a fun way to brand yourself, set yourself apart, and spread hot off the press news FAST! Join us today! #socialmediaisfun

